



Media Release

Ribbon Cutting and Prayers Officially Open Mississauga's Newest Food Bank

Mississauga (September 9, 2010) Mississauga's newest food bank, the Seva Food Bank, held its opening ceremonies today with Sikh prayers, and ribbon and cake-cutting ceremonies. The food bank's mandate is to provide sustainable, safe, nutritious and culturally appropriate food to families in need.

"We are delighted to be up and running so that we can start serving our community," said Seva Food Bank board member Birender Kaur Gill, "this is the culmination of more than two years of planning."

Seva Food Bank clients will receive enough food to provide nutritionally balanced meals for 7 to 10 days and is open to clients on Wednesday evenings, Sunday mornings and Sunday afternoons. They provide perishable and non-perishable products as well as other essential non-food items.

The Seva Food Bank opened its doors to clients on September 1st and has already distributed over 3000 pounds of food to sixty families. Seva Food Bank works with The Mississauga Food Bank to ensure all citizens have access to an adequate and nutritious supply of food. Initially serving the L5B postal code, the L5C area will also be integrated by the end of the year.

The Seva Food Bank is an initiative of, Sikhs Serving Canada, a registered not-for-profit organization that mobilizes Sikh-Canadians to get involved in their communities. Through their extensive networks, Sikhs Serving Canada is able to contribute to a large variety of volunteer-intensive campaigns. These include assisting The Mississauga Food Bank, working with the Knights Table soup kitchen, planting trees with Evergreen and building homes with Habitat for Humanity. Sikh Serving Canada's first permanent large-scale project is the Seva Food Bank.

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