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### Philanthropy, Millennial Style!

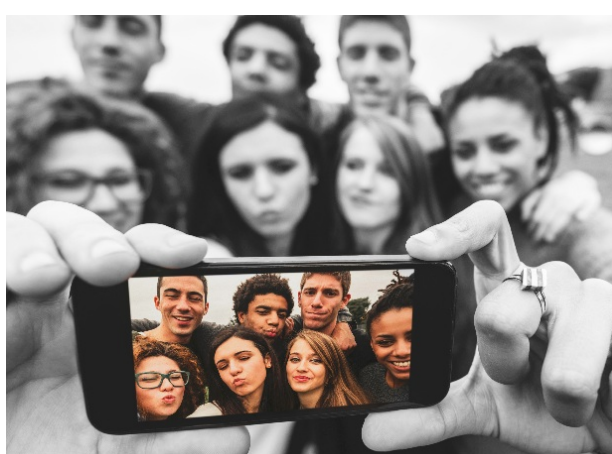
By: [Sundeep Hans](#)

Millennials get a bad rap.

Most common stereotypes of the generation as a whole paint them as being self-absorbed, lazy, selfish, and entitled.

These are unfair generalizations, and are untrue. The millennial generation, the largest living generation today, is much more charitable and giving than their critics believe.

[READ MORE](#)



FAMILY VOLUNTEER DAY



Seva Food Bank Malton  
2832 Slough Street  
Missisauga

FOR MORE INFORMATION:  
VOLUNTEER@SEVAFOODBANK.COM  
905-361-7382 EXT. 5





### Meet Our Board of Directors

In this issue of our Newsletter, we would like to introduce

**Manraj Pannu - Board of Director.**

Meet Manraj, an engineer by day, self-acclaimed chef by night, an inspiring Indian Classical Musician in his off time and a strong devoted member of Seva.

[READ MORE](#)

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## Donate Now

Help us empower our female clients and their daughters in preparation for International Women's Day!

Feminine Hygiene Products      Handbags

Beauty Products

**We are low on lentils!**

NO BLACK LENTILS

**DONATE NOW**

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### For The Love of Chocolate

It is the thick of winter and still cold. We are not yet out of "hibernation mode" and we continue to crave the warmth of comfort foods, hot cocoa and decadent treats. However, knowing that Spring is around the corner and we need to start thinking about cleaning up our diet and stream lining our bodies, we start to put down the sugary goods and focus on more healthier choices with the foods we eat. If you love chocolate and find this one treat a hard one to say no to, then perhaps you may want to read this blog to learn more about how beneficial chocolate can be!

[READ MORE](#)





# JANUARY SEVA DAYS



January 2nd, 2017- Highland Funeral  
 January 4th, 2017 -Anonymous Donor  
 January 15th, 2017 -Bassi Family Parents Anniversary  
 January 17th, 2017- Highland Funeral  
 January 19th, 2017- Kulvir & Birender Gill for Sahib Singh Gill's Birthday  
 January 19th, 2017- TSC Law  
 January 20th, 2017 - Devinder Sohi for Onkar Singh Sohi's Birthday

## Thank You Donors

Ontario Trillium Foundation  Fondation Trillium de l'Ontario



 **Region of Peel**  
Working for you



## Hours of Operations

**Wolfedale**  
 #10, 3413 Wolfedale Rd.  
 Mississauga, ON L5C 1V8  
 (905) 361-7382

Wednesdays 4-8 PM  
 Thursdays 4-8 PM  
 Fridays 12-4 PM

**Malton**  
 2832 Slough St.  
 Mississauga, ON L4T 1G3  
 (905) 361-7382

Mondays 4-8 PM  
 Tuesdays 12-4 PM  
 Thursdays 4-8 PM  
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